

## MEDICATIONS TO AVOID PRIOR TO SURGERY

It is important to avoid certain medications prior to surgery. The following medications can have effects on bleeding, swelling, increase the risk of blood clots, and cause other problems if taken around the time of surgery.

### Cancellation Policy:

Failure to abide by this policy may result in cancellation of your surgery and additional fees.

If you get cancelled the day of surgery due to a positive drug test you will be charged the amount of the fee stated in your Terms & Conditions in your Patient Surgical Agreement.

### Vitamin A Derivative:

This medication must be stopped **6 MONTHS PRIOR TO SURGERY**.

- Isotretinoin (Accutane)

### Diet Pills:

Patients having surgery must discontinue any diet pills for at least **30 DAYS PRIOR TO SURGERY**.

### Amphetamines:

Patients having surgery must discontinue Amphetamine use **30 DAYS PRIOR TO SURGERY**. This includes but is not limited to:

- Adderall
- Vyvanse
- Ritalin
- Concerta
- Focalin
- Phentermine
- Methamphetamine

### Narcotics:

The drugs listed below can have undesirable side effects that may affect your anesthesia or surgery. Please immediately inform Mia Aesthetics if you are currently taking any of these medications. The continuation or discontinuation of these drugs prior to surgery will be decided on a case-by-case basis. These include but are not limited to:

- Suboxone
- Methadone
- Norco
- Hydrocodone
- Oxycodone
- Benzodiazepines
- Opiates
- MDMA
- Barbiturates

### Antidepressants:

Antidepressants fall under two different classes: **MAOI and TCA**. These medications must be stopped **30 DAYS PRIOR TO SURGERY**. These include but are not limited to:

#### MAOI

- Isocarboxazid (Marplan)
- Phenelzine (Nardil)
- Selegiline (Ensam)
- Tranylcypromine (Parnate)

#### TCA

- Amitriptyline
- Amoxapine
- Desipramine (Norpramin)
- Doxepin
- Imipramine (Tofranil)
- Nortriptyline (Pamelor)
- Protriptyline (Vivactil)
- Trimipramine (Surmontil)

### **Important Note:**

It is your responsibility to know what class of antidepressant you are taking. If you have any questions or doubts, please ask your prescribing physician.

### **Hormones:**

Patients having surgery must discontinue hormone use **30 DAYS PRIOR TO SURGERY**.

These include but are not limited to:

- Oral Contraceptives (Birth control pills)
- Contraceptive Injections (Depo Shot)
- Contraceptive Ring (NuvaRing)

The following contraceptives **may be continued**:

- Contraceptive Implant (Nexplanon)
- \*\*Note: Must be removed only if having Arm lipo\*\***
- Intrauterine Devices (Progestin releasing/Bare metal)

### **Immunosuppressants:**

Immunosuppressants are drugs that suppress and/or reduce the strength of your body's immune system. Please immediately inform Mia Aesthetics if you are currently taking any of these medications. The continuation or discontinuation of these drugs prior to surgery will be decided on a case-by-case basis. These include but are not limited to:

- Plaquenil
- Prednisone
- Cyclosporine
- Tacrolimus
- Mycophenolate Mofetil
- Azathioprine
- Rapamycin
- Methotrexate

### **Anticoagulants/Blood Thinners:**

Patients that are currently taking the following anticoagulants are not candidates for surgery. These include but are not limited to:

- Eliquis
- Heparin
- Lovenox

### **Nicotine Products:**

Nicotine reduces the blood flow to the skin and may impair healing. Quitting smoking drastically improves the body's response to surgery and the ability to quickly heal. All nicotine product use must be stopped 30 DAYS PRIOR TO SURGERY. These include but are limited to the following:

- Chantix
- Cigarettes
- Cigars
- Nicotine Gum
- Nicotine Patches